



SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item 10.1e

Meeting Date: May 5, 2016

Subject: Approve Resolution No. 2886: Recognition of National Children's Mental Health Awareness Day, May 5, 2016.

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
- Conference/First Reading (Action Anticipated: _____)
- Conference/Action
- Action
- Public Hearing

Division: Student Support and Health Services

Recommendation: Approve Resolution No. 2886: Recognition of National Children's Mental Health Awareness Day, May 5, 2016.

Background/Rationale: National Children's Mental Health Awareness Day, May 5, 2016 is a time to highlight the importance of positive mental health for our students. The Sacramento City Unified School District is proud of the many supports and services available within our district that address and promote the social-emotional needs and skills of our students.

Financial Considerations: N/A

LCAP Goal(s): Safe, Clean, and Healthy Schools; Family and Community Engagement

Documents Attached:

1. Resolution No. 2886

Estimated Time of Presentation: N/A

Submitted by: Victoria Flores, Director Student Support and Health Services

Approved by: Lisa Allen, Interim Deputy Superintendent

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION**

RESOLUTION NO. 2886

“Recognition of Children’s Mental Health Awareness Day”

WHEREAS, May 5, 2016 has been designated as Children’s Mental Health Awareness Day dedicated to raising awareness of the youth and their families who experience emotional, behavioral and mental health challenges; and

WHEREAS, children and youth with mental, emotional and behavioral health needs and their families can achieve a better quality of life with the right resources, treatments and community support within a system of care; and

WHEREAS, we recognize that mental health issues, when untreated, can lead to school failure, family conflicts, drug abuse, violence, and even suicide; and

WHEREAS, public awareness of the importance of children’s mental health from birth allows children of all ages with mental health and behavioral challenges to find acceptance and understanding in their communities; and

WHEREAS, research indicates that school mental health programs improve educational outcomes by decreases absences, decreasing discipline referrals, and improving academic achievement.

NOW, THEREFORE, BE IT RESOLVED that the Sacramento City Unified School District Board of Education recognizes May 5 as Children’s Mental Health Awareness Day in honor of the children diagnosed and living with mental health challenges along with their caregivers and families.

BE IT FURTHER RESOLVED that Sacramento City Unified School District is commended for the ongoing work that they have undertaken to address the social and emotional needs of our students, to raise children’s mental health awareness, and to provide support and resources for children experiencing mental health challenges and their families.

PASSED AND ADOPTED by the Sacramento City Unified School District Board of Education on this 5th day of May, 2016, by the following vote:

AYES: _____
NOES: _____
ABSTAIN: _____
ABSENT: _____

Christina Pritchett
President of the Board of Education

ATTESTED TO:

José L. Banda
Secretary of the Board of Education