

FREE LEARNING RESOURCES FOR STUDENTS

Free Online Resources that can be accessed through district curriculum and/or online platforms

Math	4-12	Stanford Online Learning Course	https://www.youcubed.org/online-student-course/
Math	PreK-Calculus	Gain fluency with Math skills	https://www.ixl.com/math/
Math	K-12	Rigorous math tasks by grade level and	

			https://www.scholastic.com/parents/school-success/home-learning-resources.html (Pre K-8) - Day-by-day projects students can enjoy at home https://www.saclibrary.org/ (Pre K-12) - All the library has to offer! https://kahoot.com/family-friends/home-study/ (Pre K-8) - Learning games https://pbskids.org/ (Pre K-6) - Daily activities and games https://www.starfall.com/h/ (Pre K-3) - Activities and games
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Social Emotional Learning Online Resources Available			
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Mindfulness	K-5	Mindfulness and breathing exercises available in both English and Spanish	Pure Edge Card Decks Brain Breaks A Peek at the Amazing Brain
Mindfulness	6-12		Brain Breaks cks

			Parent Toolkit on SEL Free Headspace App Free Mindfulness Classes for Kids
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